

LADIES (21km)

	Name	Event	Venue	Date	Record
1hr 14min 25.8	S Hawker	NZISA	Lake Ida	4.8.91	O/NZR
1hr 13min 41.25	J Hart	NZISA	Lake Ida	18.7.93	O/NZR

LADIES (15km)

	Name	Event	Venue	Date	Record
33min 49.3	A Kremer	NZISA	Lake Ida	7.8.77	O/NZR

JUNIOR LADIES (15km)

	Name	Event	Venue	Date	Record
59min 29.0	R Silcock	NZISA	Lake Ida	4.8.91	O/NZR

